

2019 Summer Meals Breakfast / Lunch Menu Circleville Park

ogram

USDA

POWERU

Summer.

School's Out!

er for free meals



This institution is an equal opportunity provider.



by the **Pine Bush School Nutrition Department Ouestions?** Call us at (845) 744-2031 **ext** 5611

Meals prepared

PLEASE ASK IF YOU'RE NOT SURE. AND PLEASE ENJOY YOUR MEAL!

Monday, July 1

Breakfast

Cin Toast Crunch **Bowl Pak** Fruit Juice 100% Applesauce Cup Lo-fat Milk Choices

Lunch

Cheese Pizza Fruit Juice 100% Fresh or Cup Fruit Lo-fat Milk Choices

Tuesday, July 2

Breakfast

Breakfast Ring Fruit Juice 100% **Applesauce Cup** Lo-fat Milk Choices

Lunch

Grilled Cheese S/W Fruit Juice 100% Fresh or Cup Fruit Lo-fat Milk Choices

Wednesday, July 3

Breakfast

Frosted Flakes **Bowl Pak** Fruit Juice 100% Applesauce Cup Lo-fat Milk Choices

Lunch

Turkey/Cheese Wrap Fruit Juice 100% Fresh or Cup Fruit Lo-fat Milk Choices

Thursday, July 4

Friday, July 5

Breakfast

Apple Cin Cheerios Bowl Pak Fruit Juice 100% Applesauce Cup Lo-fat Milk Choices

Lunch Kit

Yogurt Cup / String Cheese / WG Item Fruit Juice 100% Fresh or Cup Fruit Lo-fat Milk Choices

Monday, July 8

Breakfast

Cin Toast Crunch Bowl Pak Fruit Juice 100% Applesauce Cup Lo-fat Milk Choices

Lunch

Cheese Pizza Fruit Juice 100% Fresh or Cup Fruit Lo-fat Milk Choices

Tuesday, July 9

Breakfast

Breakfast Ring Fruit Juice 100% Applesauce Cup Lo-fat Milk Choices

Lunch

Beef & Cheese Taco Stick Fruit Juice 100% Fresh or Cup Fruit Lo-fat Milk Choices

Wednesday, July 10

Breakfast

Frosted Flakes **Bowl Pak** Fruit Juice 100% Applesauce Cup Lo-fat Milk Choices

Lunch

Turkey/Cheese Wrap Fruit Juice 100% Fresh or Cup Fruit Lo-fat Milk Choices

Thursday, July 11

Breakfast

Lenders Bagel w/ Cream Cheese Fruit Juice 100% Applesauce Cup Lo-fat Milk Choices

Lunch

Grilled Cheese S/W Fruit Juice 100% Fresh or Cup Fruit Lo-fat Milk Choices

Friday, July 12

Breakfast

Apple Cin Cheerios Bowl Pak Fruit Juice 100% Applesauce Cup Lo-fat Milk Choices

Lunch Kit

Yogurt Cup / String Cheese / WG Item Fruit Juice 100% Fresh or Cup Fruit Lo-fat Milk Choices

MMER MEALS! ALL KIDS EAT FREE!

