

# 2022 Summer Meals Breakfast / Lunch Menu Summer Camps



Meals prepared  
by the Pine Bush  
School Nutrition  
Department

Questions?

Call Liz at  
(845) 744-2031  
ext 3611

**This institution is  
an equal opportunity  
provider.**

**Menu subject to change without notice**



**School's Out!**



All Meals Free  
to Children  
through age 18

| Monday, June 27  | Tuesday, June 28   | Wednesday, June 29   | Thursday, June 30   | Friday, July 1  |
|--|--|--|---|---|
| <b><u>Breakfast</u></b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Hot)</u></b><br>Nardone's Cheese<br>Boxed Pizza<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices | <b><u>Breakfast</u></b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Cold)</u></b><br>Italian Combo Wrap<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices             | <b><u>Breakfast</u></b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Hot)</u></b><br>Hamburger on a Bun<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices          | <b><u>Breakfast</u></b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Cold)</u></b><br>Sliced Turkey &<br>Cheddar Wrap<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices         | <b><u>Breakfast</u></b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch Kit (Cold)</u></b><br>Yogurt Cup<br>String Cheese<br>Whole Grain Item<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices |
| Monday, July 4   | Tuesday, July 5  | Wednesday, July 6  | Thursday, July 7  | Friday, July 8  |
|   | <b><u>Breakfast</u></b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Hot)</u></b><br>Nardone's Cheese<br>Boxed Pizza<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices | <b><u>Breakfast</u></b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Hot)</u></b><br>Beef & Cheese<br>Taco Stick<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices | <b><u>Breakfast</u></b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Cold)</u></b><br>DIY Pizza Kit—Bagel<br>Marinara, Cheese<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices | <b><u>Breakfast</u></b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch Kit (Cold)</u></b><br>Yogurt Cup<br>String Cheese<br>Whole Grain Item<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices |

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| Monday, July 11  | Tuesday, July 12   | Wednesday, July 13   | Thursday, July 14   | Friday, July 15   |
|--|--|--|---|---|
| <b><u>Breakfast</u></b><br><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Hot)</u></b><br>Nardone's Cheese<br>Boxed Pizza<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices | <b><u>Breakfast</u></b><br><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Cold)</u></b><br>Italian Combo Wrap<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices               | <b><u>Breakfast</u></b><br><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Hot)</u></b><br>Chicken Patty on Bun<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices            | <b><u>Breakfast</u></b><br><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Cold)</u></b><br>Sliced Turkey &<br>Cheddar Wrap<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices         | <b><u>Breakfast</u></b><br><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch Kit (Cold)</u></b><br>Yogurt Cup<br>String Cheese<br>Whole Grain Item<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices |
| Monday, July 18  | Tuesday, July 19   | Wednesday, July 20   | Thursday, July 21   | Friday, July 22   |
| <b><u>Breakfast</u></b><br><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Hot)</u></b><br>Nardone's Cheese<br>Boxed Pizza<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices | <b><u>Breakfast</u></b><br><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Hot)</u></b><br>Chicken Nuggets<br>w/ Dinner Roll<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices | <b><u>Breakfast</u></b><br><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Hot)</u></b><br>Beef Meatball<br>Parmigiana Sub<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices | <b><u>Breakfast</u></b><br><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Cold)</u></b><br>DIY Pizza Kit—Bagel<br>Marinara, Cheese<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices | <b><u>Breakfast</u></b><br><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch Kit (Cold)</u></b><br>Yogurt Cup<br>String Cheese<br>Whole Grain Item<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices |

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| Monday, July 25  | Tuesday, July 26  | Wednesday, July 27  | Thursday, July 28   | Friday, July 29   |
|--|---|---|---|---|
| <b><u>Breakfast</u></b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Hot)</u></b><br>Nardone's Cheese<br>Boxed Pizza<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices | <b><u>Breakfast</u></b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Cold)</u></b><br>Italian Combo Wrap<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices                | <b><u>Breakfast</u></b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Hot)</u></b><br>Beef Cheesesteak<br>Sandwich<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices | <b><u>Breakfast</u></b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Cold)</u></b><br>Sliced Turkey &<br>Cheddar Wrap<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices         | <b><u>Breakfast</u></b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch Kit (Cold)</u></b><br>Yogurt Cup<br>String Cheese<br>Whole Grain Item<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices |
| Monday, August 1   | Tuesday, August 2   | Wednesday, August 3   | Thursday, August 4  | Friday, August 5  |
| <b><u>Breakfast</u></b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Hot)</u></b><br>Nardone's Cheese<br>Boxed Pizza<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices | <b><u>Breakfast</u></b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Hot)</u></b><br>Chicken Nuggets/<br>w/ Dinner Roll<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices | <b><u>Breakfast</u></b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Hot)</u></b><br>Hamburger on a Bun<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices           | <b><u>Breakfast</u></b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch (Cold)</u></b><br>DIY Pizza Kit—Bagel<br>Marinara, Cheese<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices | <b><u>Breakfast</u></b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><br><b><u>Lunch Kit (Cold)</u></b><br>Yogurt Cup<br>String Cheese<br>Whole Grain Item<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices |

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| <b>Monday, August 8</b><br><b>Breakfast</b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><b>Lunch (Hot)</b><br>Nardone's Cheese<br>Boxed Pizza<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices   | <b>Tuesday, August 9</b><br><b>Breakfast</b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><b>Lunch (Cold)</b><br>Italian Combo Wrap<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices                 | <b>Wednesday, August 10</b><br><b>Breakfast</b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><b>Lunch (Hot)</b><br>Beef & Cheese<br>Taco Stick<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices | <b>Thursday, August 11</b><br><b>Breakfast</b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><b>Lunch (Cold)</b><br>Sliced Turkey &<br>Cheddar Wrap<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices         | <b>Friday, August 12</b><br><b>Breakfast</b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><b>Lunch Kit Cold)</b><br>Yogurt Cup<br>String Cheese<br>Whole Grain Item<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices  |
| <b>Monday, August 15</b><br><b>Breakfast</b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit Lo<br>-fat Milk Choices<br><b>Lunch (Hot)</b><br>Nardone's Cheese<br>Boxed Pizza<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices | <b>Tuesday, August 16</b><br><b>Breakfast</b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><b>Lunch (Hot)</b><br>Chicken Nuggets/<br>w/ Dinner Roll<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices | <b>Wednesday, August 17</b><br><b>Breakfast</b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><b>Lunch (Hot)</b><br>Chicken Patty on Bun<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices        | <b>Thursday, August 18</b><br><b>Breakfast</b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><b>Lunch (Cold)</b><br>DIY Pizza Kit—Bagel<br>Marinara, Cheese<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices | <b>Friday, August 19</b><br><b>Breakfast</b><br>Whole Grain Item<br>Fruit Juice 100%<br>Assorted Fruit<br>Lo-fat Milk Choices<br><b>Lunch Kit (Cold)</b><br>Yogurt Cup<br>String Cheese<br>Whole Grain Item<br>Fruit Juice 100%<br>Fresh Fruit<br>Lo-fat Milk Choices |

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